



School Based Outreach

Program Description:

School Based Outreach provides in-school services, for moderate to high risk youths, and for youths at risk of being involved in Utah's juvenile justice system.

School based services are designed to improve a youth's attendance and academic performance as well as teach prosocial skills such as problem solving, peer refusal, and anger management. This service strives to promote each youth's self-efficacy, competence, resilience, and belief in the future. The program will:

- Teach problem solving, decision making, goal setting, and resiliency skills through quick interactive lessons in the school and community
- Establish collaborative relationships with outside agencies (LMHA, School District, Law Enforcement Agencies, DCFS, and Probation) to keep youth accountable and educate families about what resources are available in the community
- Mentor select youth and their families teaching skills such as positive discipline, routine, responsibility, time management, rules and rewards, communication, and creating wholesome traditions

Evidence-Based Curricule include:

- Strengthening Families, ADAPT, Carey Guides, and Why Try.

Exclusionary Criteria:

include, but not limited to, active psychosis, actively suicidal, assaultive towards peers, and sexually acting out.

Length of Stay:

Length of stay in the program is individualized between 60-90 days.

Target Population

Moderate to high-risk youths, ages 12-17; DCFS youths with delinquency; youths on 2nd or 3rd non-judicial referrals; youths with gang involvement or behavioral issues; youths with skill deficits, or those with a need for increased community supervision.